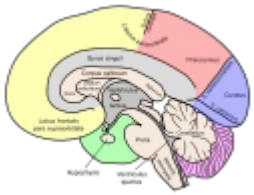
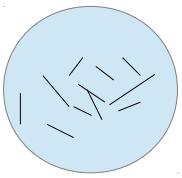


Gehirn:

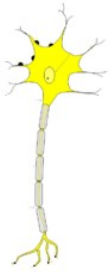
Neurologische Reaktion



Stresshormone

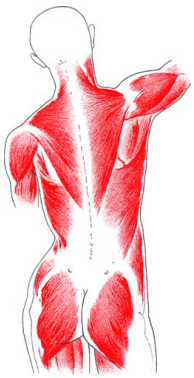
Adrenalin, Cortisol, Noradrenalin

Wiederholungs-schleife



Nervensystem:

Zitter-Reaktion (tremor response)



Muskeltonus:

angespannt, blockiert